

MINIREVIEW

Anti-biofilm agents: recent breakthrough against multi-drug resistant *Staphylococcus aureus*

Pooi Y. Chung¹ & Yien S. Toh²

¹ Department of Pathology, School of Medicine, International Medical University, Kuala Lumpur, Malaysia

² Biomedical Science Program, School of Medicine, International Medical University, Kuala Lumpur, Malaysia

Staphylococcus aureus biofilms are a major health concern. In this review, Chung & Toh discuss recent progress in preventing and eradicating these biofilms and discuss future potential anti-*S. aureus* biofilm therapies

Keywords

Staphylococcus aureus; anti-biofilm agents; quorum sensing.

Correspondence

Pooi Y. Chung, Department of Pathology, School of Medicine, International Medical University, Bukit Jalil, 57000 Kuala Lumpur, Malaysia.

Tel.: +6012 6914822

fax: +603 8656 7229

e-mail: katrina_chung@imu.edu.my

Received 28 October 2013; revised 12

January 2014; accepted 13 January 2014.

Final version published online 24 February 2014.

doi:10.1111/2049-632X.12141

Editor: Tom Coenye

Abstract

Staphylococcus aureus is a Gram-positive pathogen that causes potentially life-threatening nosocomial- and community-acquired infections, such as osteomyelitis and endocarditis. *Staphylococcus aureus* has the ability to form multicellular, surface-adherent communities called biofilms, which enables it to survive in various sources of stress, including antibiotics, nutrient limitations, heat shock, and immune responses. Biofilm-forming capacity is now recognized as an important virulence determinant in the development of staphylococcal device-related infections. In light of the projected increase in the numbers of elderly patients who will require semi-permanent indwelling medical devices such as artificial knees and hips, we can anticipate an expanded need for new agents and treatment options to manage biofilm-associated infections in an expanding at-risk population. With better understanding of staphylococcal biofilm formation and growth, novel strategies that target biofilm-associated infections caused by *S. aureus* have recently been described and seem promising as future anti-biofilm therapies.

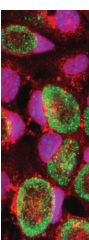
Introduction

Staphylococcus aureus is one of the most important biofilm-forming pathogens that cause complications ranging from minor to life-threatening infections. Multidrug-resistant *S. aureus* which are isolated from clinical environments have a high probability of forming biofilms in indwelling medical devices (Kwon *et al.*, 2008) and increase the probability of development into persistent, chronic, and recurrent infections (Francois *et al.*, 2000). The ability of *S. aureus* to form biofilm has drawn considerable interest from researchers over the past decade, particularly biofilms formed on catheters or implanted devices, bone, and prosthetic heart valves (Kiedrowski & Horswill, 2011; Fig. 1). Currently, biofilm infections are usually treated with combinations of antibiotics. In device-related biofilm infections, the device often has to be removed and replaced surgically, which involves risk and complications (Hoiby *et al.*, 2011). However, novel strategies in preventing and eradicating

biofilm formation have recently been reported. In this review, we will summarize the features of staphylococcal biofilm, the most recent advances in the elimination of biofilms and discuss the potential of these promising developments.

Biofilm formation

Biofilms can be defined as structured aggregation of surface-attached microorganisms encased in an extracellular matrix. The staphylococcal biofilm life cycle is believed to occur in four stages, that is the initial attachment of cells to a surface, formation of microcolonies on the surface of interest, maturation of the microcolonies into an established biofilm, and dispersal of the bacteria from the biofilm. In the initial stage, the planktonic phenotype of the bacteria attach reversibly to a solid living or non-living substratum (O'Neill *et al.*, 2008) by van der Waal forces, steric interactions, and electrostatic (double layer) interaction, collectively known as the DLVO (Derjaguin, Verwey, Landau, and Overbeek)



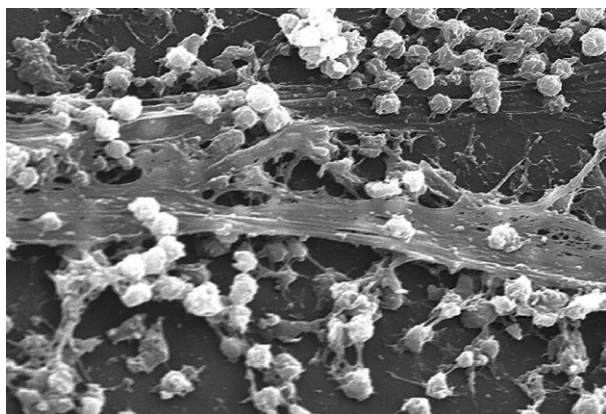


Fig. 1 Biofilm formed by *Staphylococcus aureus* on the surface of a catheter [CDC/Rodney M. Donlan, PhD: Janice Carr (PHIL #7488, 2005)].

forces (Garrett *et al.*, 2008). The surface of the substratum is conditioned by the host matrix proteins (fibrinogen, fibronectin, and collagen), forming a conditioning film that facilitates adhesion by the bacteria (Francois *et al.*, 2000). A number of the reversibly adsorbed cells remain immobilized and become irreversibly adsorbed as a result of the hydrophobic and hydrophilic interaction between the bacteria and the surface (Liu *et al.*, 2004). These bacteria then grow, multiply, and form microcolonies (Stoodley *et al.*, 2008). Once microcolonies are formed and in optimal growth conditions, the biofilm undergoes the maturation stage where a more complex architecture of biofilm is established with water channels equipped to aid the flow of nutrients into the interior of the biofilm. Due to the availability of different physicochemical conditions in terms of oxygen availability, diffusible substrates and metabolic side products, pH, and cell density, cells from different regions of a biofilm can show different gene expression patterns. In the final stage of development, some of the bacteria cells can be dispersed from the biofilm, via physical detachment or signaling events followed by the hydrolysis of exopolysaccharide (EPS), and return to the planktonic state to enable the occupancy of new niches (Boles & Horswill, 2011).

In all these phases of biofilm formation, quorum-sensing (QS) system is involved in the regulation of population density and metabolic activity. Generally, QS system is a central component of bacterial cell-to-cell communication (Asad & Opal, 2008) which acts as a language for the interaction among the neighboring bacteria that collectively and genetically respond to the extracellular, diffusible small molecule signals released in a cell-density dependent manner (Kalia & Purohit, 2011). As such, the production of molecule signals can be controlled and helps the bacteria in overwhelming the host defenses by secreting exotoxins after sufficient colonization in the host has taken place. Molecule signals or autoinducers which are used in staphylococci are autoinducing peptides (AIP) such as AgrD peptide which are regulated by the *agr* locus (Pan & Ren, 2009).

Principal strategies in the management of biofilms

The challenge in treating staphylococcal biofilm infection is the increased resistance of the bacteria within the biofilm structures to antimicrobial agents and host defense mechanisms (del Pozo & Patel, 2007). Resistance to antimicrobial agents is mediated through a dormant phenotype caused by adaptation to an anoxic environment and nutrient deprivation. As a result, the metabolic levels of the bacterial cells are low and cell division occurs at radically down-regulated rates (Lewis, 2010), producing many slow-growing cells and a subpopulation of persister cells that are tolerant to high levels of antimicrobial agents. Therefore, antibiotics such as β -lactams which are only active against dividing staphylococcal cells are not very efficient at eradicating biofilm infections (Hoiby *et al.*, 2010). In addition, the EPS matrix may act as a diffusion barrier to delay the infiltration of some antimicrobial agents (Xu *et al.*, 2000). The reactive chlorine species in a number of these agents may be deactivated at the surface layers of the biofilm before they are able to disseminate into the interior of the biofilm (de Beer *et al.*, 1994). A recent study showed that oxacillin, cefotaxime, and vancomycin had reduced penetration throughout *S. aureus* and *S. epidermidis* biofilms (Singh *et al.*, 2010).

With the emergence of multidrug-resistant *S. aureus*, the need for more effective treatments of biofilm-associated infections becomes imperative. Three principal strategies have been developed to thwart biofilm formation or target different biofilm developmental stages (Fig. 2). The first principal strategy is inhibiting the adhesion of bacteria to living or non-living surfaces at the initial stage, thus reducing the chances of further development and establishment of biofilm. The second strategy is aimed at the disruption of biofilm architecture during the maturation process (Kalia & Purohit, 2011). The third strategy is an antipathogenic or signal interference approach, which involves the inhibition of QS. *Staphylococcus aureus* coordinates biofilm formation and expression of virulence factors via QS to enhance their ability to survive in a specific environment (Wright *et al.*, 2004). A disruption of QS system or quorum quenching (QQ) will eventually affect the expression and dissemination of virulence factors.

Inhibition of attachment

Attachment of bacteria to surfaces is mediated by a number of factors such as adhesion surface proteins, pili or fimbriae, and specific exopolysaccharides (Maira-Litran *et al.*, 2002; Conrady *et al.*, 2008). In general, adhesion occurs most readily on surfaces that are rougher, more hydrophobic, and coated with surface conditioning films (Donlan, 2002). Catheters coated with minocycline and rifampin have been shown to significantly decrease the incidence of central line-associated bloodstream infection by *S. aureus* in a medical intensive care unit in a manner that was independent and complementary to the infection control precautions (Ramos *et al.*, 2011). Thus, altering the surface properties of

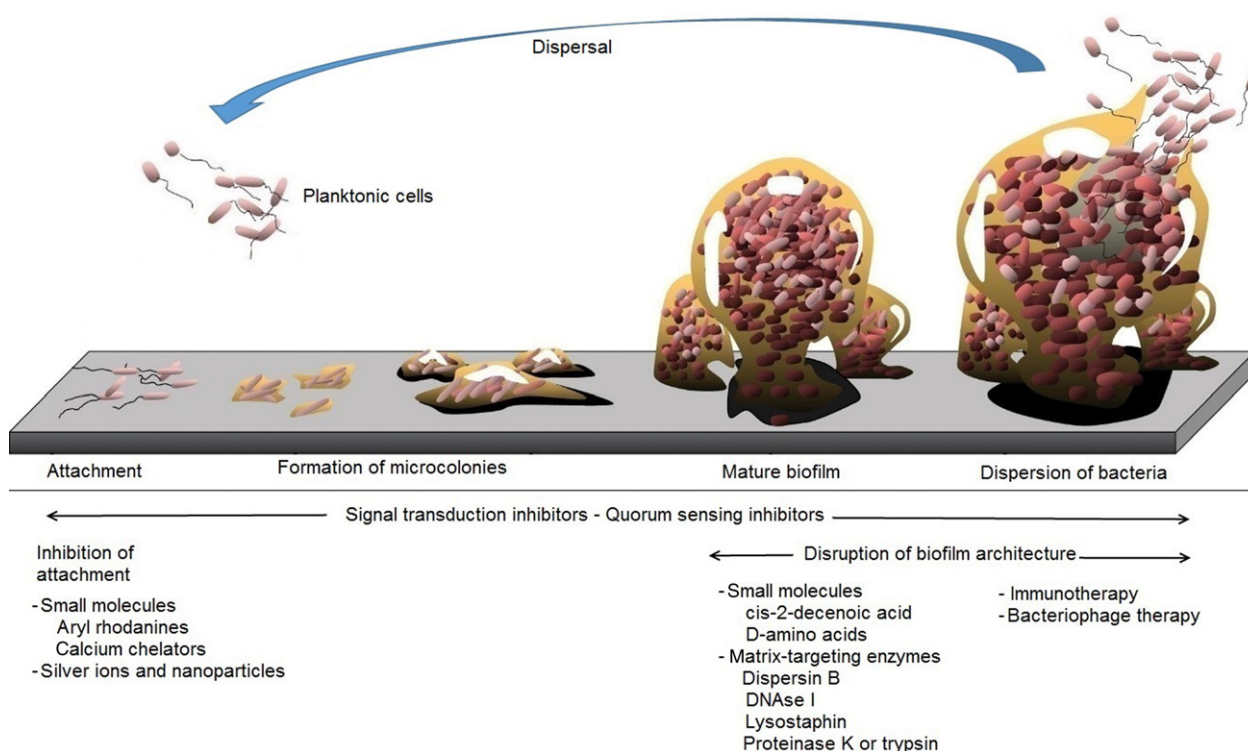


Fig. 2 Strategies in the management of biofilms (adapted from wikipedia.org/wiki/File:Biofilm.jpg).

the indwelling medical devices, such as coating the surface with bactericidal or bacteriostatic substances, could prevent biofilm-associated infections. One of the most commonly used alternative agents is silver in the form of nanoparticles. Small molecules such as aryl rhodanines and chelating agents are also shown to inhibit staphylococcal biofilm formation.

Small molecules

Aryl rhodanines specifically inhibits biofilm formation of *S. aureus* and other Gram-positive bacteria, but not Gram-negative bacteria. Preliminary studies revealed that aryl rhodanines specifically inhibit the early stages of biofilm development by preventing attachment of the bacteria to the surfaces (Opperman *et al.*, 2009). Interestingly, these molecules do not exhibit antibacterial activity against both the Gram-positive and Gram-negative bacteria. The absence of antibacterial activity reduces the selective pressure against biofilm formation, thus decreases the likelihood of the development of resistance. There were variable responses to calcium chelators ethylene glycol tetraacetic acid (EGTA) and trisodium citrate (TSC) on biofilm formation in different *S. aureus* strains (Abraham *et al.*, 2012). In some strains, the chelators prevented biofilm formation, while in others, they had no effect or actually enhanced biofilm formation. Thus, it is important to use these agents appropriately so that inhibitory doses are achieved consistently.

Silver ions and nanoparticles

Metallic silver, silver ions, and silver nanoparticles have been used as antimicrobial agents in the treatment of burns and chronic wounds. Silver ions are effective against bacteria such as *E. coli*, *S. aureus*, *Klebsiella* species, *P. aeruginosa*, *Salmonella typhimurium*, and *Candida albicans* (Chernousova & Epple, 2013). The exact mechanism of action of silver on microorganisms is still not known but can be observed by the structural and morphological changes. Silver nanoparticles showed efficient antimicrobial property due to their extremely large surface area, which provides better contact with the microorganisms. The nanoparticles attach to the cell membrane and penetrate the bacteria. The particles then interact with the sulfur-containing proteins in the cell membrane and the phosphorus-containing molecules such as DNA (Rai *et al.*, 2009). Silver also interacts with thiol group compounds found in the respiratory enzymes of bacterial cells. As a result, silver treatment inhibits DNA replication, expression of ribosomal and other cellular proteins, and interferes with the respiration process, finally leading to cell death (Feng *et al.*, 2000; Klasen, 2000; Yamanaka *et al.*, 2005). Studies in rabbits showed that nanoparticle silver ion-coated implants inhibited *S. aureus* biofilm formation without causing silver accumulation in host tissues, even 28 days after impregnation (Secinti *et al.*, 2011). An implant coated with silver oxide-containing hydroxyapatite (Ag-HA) in the medullary activity of rat tibiae showed better results for

abscesses, bone resorption, and destruction of cortical bone, indicating that Ag-HA coatings may help prevent surgical-site infections associated with joint replacement (Akiyama *et al.*, 2013). In the presence of silver nanoparticles, antibiotics such as penicillin G, amoxicillin, erythromycin, clindamycin, and vancomycin showed increased antibacterial activity against *S. aureus* (Shahverdi *et al.*, 2007).

However, studies performed *in vitro* with fresh platelet-rich blood plasma demonstrated that the presence of silver nanoparticles on medical devices correlates with accelerated thrombin formation and stronger platelet activation, which could increase the thrombosis risk in patients (Stevens *et al.*, 2009). In a recent clinical trial on critically ill patients, the use of silver nanoparticles-impregnated triple-lumen central venous catheter (CVC) has been reported to have no significant effect on CVC colonization and related bloodstream infections (CRBSI), CRBSI incidence, or intensive care unit (ICU) mortality (Antonelli *et al.*, 2012). Therefore, much effort is still needed to address the exact mechanism of interaction of silver nanoparticles with the bacterial cells and the effect of surface area of the nanoparticles on the killing activity.

Disruption of biofilm architecture

Mature biofilms are tolerant to antimicrobial agents due to the altered growth rate of the organisms in the biofilm (Donlan & Costerton, 2002) and emergence of resistant subpopulations (Ito *et al.*, 2009). In addition, biofilms also promote horizontal transfer of antibiotic resistance genes in *S. aureus* (Savage *et al.*, 2013). Thus, agents that interfere with the biofilm structure and have great potential in the management of biofilm-mediated infections are being developed by many research groups.

Small molecules

Cis-2-Decenoic acid (C2DA) is a medium-chain fatty acid chemical messenger produced by *Pseudomonas aeruginosa* that can induce the dispersion in biofilms in *S. aureus*, in addition to other Gram-positive and Gram-negative bacteria (Davies & Marques, 2009). In a pilot study carried out by Jennings *et al.* (2012), C2DA could potentially control initiation of biofilm formation in addition to dispersion of existing biofilm. The same study also showed that combination of C2DA may have additive or synergistic effects on biofilm formation. Davies & Marques (2009) demonstrated that C2DA inhibited biofilm in methicillin-resistant *S. aureus* (MRSA) but did not completely eliminate it. Recently, a mixture of D-amino acids reportedly triggered biofilm disassembly in *S. aureus*, as well as *B. subtilis* and *P. aeruginosa*. The incorporation of these acids into the peptidoglycan results in the release of amyloid fibers which is the proteinaceous component of the extracellular matrix (ECM) that linked cells together in the biofilm matrix (Kolodkin-Gal *et al.*, 2010; Jermy, 2012). Although the *in vitro* data are encouraging, the mechanism of biofilm inhibition of these small molecules is still unknown.

Matrix-targeting enzymes

Dispersion and degradation of the matrix components, such as polysaccharide, eDNA, and proteins, can weaken and disperse biofilms. Dispersin B, a biofilm-releasing enzyme produced by the Gram-negative periodontal pathogen *Actinobacillus actinomycetecomitans* (Kaplan *et al.*, 2004) could eliminate the biofilm in half of the catheter tested in a sheep model for port-related bloodstream infection when combined with teicoplanin (Serrera *et al.*, 2007). Recently, dispersin B was reported to inhibit and disperse biofilm by depolymerizing a polysaccharide, β -1,6-*N*-acetyl-D-glucosamine (PGA) which is essential for the formation of biofilm in some species of staphylococci (Itoh *et al.*, 2005). In experiments with *S. aureus* and *S. epidermidis* grown as biofilms, it has been demonstrated that dispersin B was able to significantly enhance the antimicrobial and anti-biofilm activity of antibiotic cefamandole nafate (CEF) by improving the diffusion of CEF into bacterial clusters and promoting the reaching of antibiotic cell targets (Donelli *et al.*, 2007). In another study with vascular catheters, the combination triclosan and dispersin B showed synergistic and broad-spectrum antimicrobial and anti-biofilm activity against *S. aureus*, *S. epidermidis*, and *E. coli* significantly reduced bacterial colonization and generally demonstrated a prolonged superior antimicrobial activity compared to chlorhexidine-silver sulfadiazine (SH-SS; Darouiche *et al.*, 2009).

DNase I cleaves eDNA in the biofilm matrix and prevents biofilm formation on abiotic surfaces, such as glass, plastic, and titanium surfaces (Mann *et al.*, 2009; Kiedrowski & Horswill, 2011). In combination with dispersin B, DNase I inhibited biofilm formation 3–4.3-fold relative to untreated biofilms, while treatment with either enzyme alone decreased biofilm formation 1.6–2.8-fold (Lynch & Abbanat, 2010). Lysostaphin is a glycylglycine endopeptidase which specifically cleaves the pentaglycine cross-bridge in the staphylococcal peptidoglycan and disrupts the extracellular matrix of *S. aureus* biofilms. When applied to biofilms of *S. aureus* clinical isolates grown *in vitro*, lysostaphin markedly reduced biomass thickness (Wu *et al.*, 2003). Kokai-Kun *et al.* (2009) demonstrated that lysostaphin is an effective treatment for established biofilm infections on implanted jugular veins catheters in mice, particularly in combination with nafcillin. Proteinase K cleaves the surface or matrix proteins and inhibits biofilm formation or dispersal of established biofilms. Chaignon *et al.* (2007) suggested that treatment with dispersin B followed by Proteinase K or trypsin could be capable of eradicating biofilms of a variety of staphylococcal strains on inert surfaces. As with the small molecules, the *in vivo* efficacy of these enzymatic treatments in the elimination of established biofilms is not well established, as treatment of host with proteins could cause inflammatory and allergic reactions (Chen *et al.*, 2013), thus limiting the therapeutic potentials of these enzymes.

Immunotherapy

Currently, there are no approved immunotherapies for treating staphylococcal infections. The discovery and

development of effective vaccines are particularly difficult as *S. aureus* possess nearly 70 virulence factors which are transiently expressed (Harro *et al.*, 2010) and armed with multiple factors to evade host immune response (Proctor, 2012). The vast majority of research in this area focuses on the protection from acute, planktonic-associated *S. aureus* infections. Studies have shown that gene expression and protein production between these two modes of biofilm and planktonic growth differ greatly (Beenken *et al.*, 2004; Brady *et al.*, 2006; Resch *et al.*, 2006); thus, development of a universal *S. aureus* vaccine that protects against multiple modes of growth is particularly challenging. One vaccine which showed such potential in treating chronic infections is a quadrivalent vaccine comprising cell wall and membrane-associated proteins that has significantly reduced MRSA osteomyelitis infection in rabbits when co-administered with vancomycin (Brady *et al.*, 2011). Several novel antigens are being tested as potential anti-*Staphylococcus aureus* vaccine, including cell-anchored adhesion proteins and exotoxins (Schaffer & Lee, 2009).

Bacteriophage therapy

In the treatment of infections associated with biofilms, phages offer advantages, that is, they are inexpensive, highly specific, do not affect the normal microflora in the environment in which they are introduced to, and improve the treatment of biofilm-related infections with conventional antibiotics (Yang *et al.*, 2011). Phage may carry on their surface very specific enzymes that degrade bacterial polysaccharides and rapidly destroyed the integrity of biofilms (Sutherland *et al.*, 2004). A cell wall-degrading enzyme SAL-2 from a *S. aureus* bacteriophage SAP-2 exhibits specific lytic activity with minimum inhibitory concentration (MIC) of 1 mg mL^{-1} and can efficiently remove *S. aureus* biofilms (Son *et al.*, 2010). An induced phage SAP-26 which was isolated from a clinical strain of *S. aureus* showed a wide spectrum of lytic activity against both MRSA and methicillin-susceptible *S. aureus* (MSSA). In the combined therapy of the phage with antimicrobial agents, particularly rifampicin, the phages are able to penetrate the biofilm layers through the pores and channels, causing induced structural changes and subsequent destruction in the biofilm matrix (Hughes *et al.*, 1998). The bacterial cells are released as planktonic cells and then attacked by both the phages and antibiotics (Rahman *et al.*, 2011). In another study, staphylococcal phage K has demonstrated the potential to prevent biofilm formation by *S. aureus* and reduce established biofilm density in a time-dependent manner, with complete inhibition of biofilm formation over a 48-h period (Kelly *et al.*, 2012).

Signal transduction interference

Quorum sensing (QS) relies on a sequence of events including signal production, detection, and gene activation/inactivation. Interruption of any of these steps could render the QS to fail and potentially cause detrimental consequences on the survival and pathogenesis of the bacteria

(Pan & Ren, 2009). *S. aureus* regulate biofilm formation and dispersal using the *agr* QS system. Recent studies have shown that inhibition of *agr* causes *S. aureus* to become more adherent due to increased biofilm formation, while addition of autoinducing peptides (AIP) or glucose depletion reactivates *agr* in established biofilm, leading to complete disassembly and conversion of biofilm-associated cells back to a planktonic phenotype (Boles & Horswill, 2008). Activation of the *agr* system can result in increased levels of staphylococcal proteases that cut cell surface proteins and disrupt cell-cell interactions within the biofilm to cause biofilm dispersal (Kiedrowski & Horswill, 2011) and is also known to induce expression of phenol-soluble modulins (PSMs), which have recently emerged as a novel toxin family that contributes to biofilm development and dissemination of biofilm-associated infections (Peschel & Otto, 2013). Most importantly, dispersion of the cells from the biofilm restores the cells sensitivity to antibiotics such as rifampicin. Despite the success at clearing *in vitro* biofilms via the activation of the *agr* system, the mechanisms are not well defined.

Quorum-sensing inhibitors (QSI)

An overview of QSI based on patents submitted between 1999 and 2008 and their applications were reviewed extensively by Pan & Ren (2009). The QSI reported included both natural and synthetic agents and can be mainly categorized into non-peptide small molecules, peptides, and proteins. Hammelittannin (HAM), a non-peptide analog of the quorum-sensing inhibitor RNAIII-inhibiting peptide (RIP), was found to decrease *S. aureus* attachment *in vitro* and *in vivo* (Kong *et al.*, 2006; Kiran *et al.*, 2008). HAM and vancomycin or clindamycin may act synergistically to increase the efficacy of the antibiotics against biofilm-related infections and/or by increasing host survival after infection (Brackman *et al.*, 2011). It has been reported that RIP-coated CVC exhibited significant reduction in the bacterial load in staphylococcal strains, including methicillin- and vancomycin-intermediate-resistant *S. aureus* and *S. epidermidis*. In combination with conventional antibiotics, RIP also enhanced the effect of ciprofloxacin, imipenem, and vancomycin in the treatment of catheter-related *S. aureus* infections (Cirioni *et al.*, 2006). Polymethylmethacrylate (PMMA) beads loaded with RIP implanted in rats were also shown to be able to prevent biofilm formation in orthopedic infections caused by methicillin-resistant *S. aureus* (Anguita-Alonso *et al.*, 2007). In addition, biodegradable gentamycin-releasing poly-trimethylene carbonate (PTMC) beads were demonstrated to be able to inhibit biofilm formation in *S. aureus* by c. 80% over at least 14 days, providing promising alternative in the local treatment of osteomyelitis (Neut *et al.*, 2009).

An antibody against *S. aureus* quorum-sensing peptide AP4 was shown to suppress *S. aureus* pathogenicity in mouse abscess infection model (Park *et al.*, 2007b). Silver nanoparticles synthesized using fresh leaf extract of *Cymbopogon citratus* (lemongrass) have been shown to enhance quorum-quenching activity against *S. aureus* biofilm and

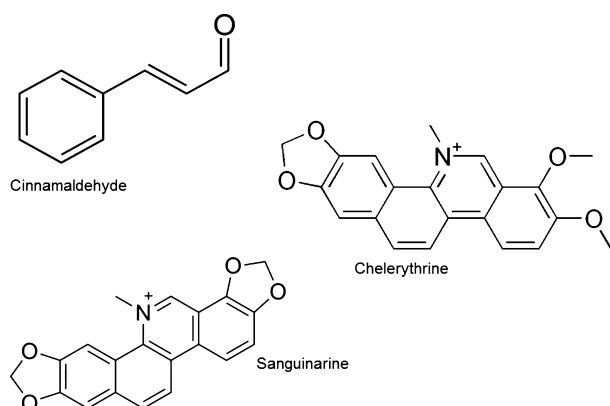


Fig. 3 Plant-derived natural compounds against biofilm formation in *Staphylococcus aureus*.

prevention of biofilm formation (Masurkar *et al.*, 2012). The mechanisms of action of QSI were generally repression of signal generation, blockage of signal receptors, and disruption of QS signals. The bacteria do not die directly from the effects of QSI; thus, there could be less selection pressure and less likelihood of resistance development (Pan & Ren, 2009). Although QS inhibition shows good potential for treatment of infections, further development and research are necessary to fully understand the mechanisms of action and suitability for clinical applications of promising QSI.

Plant-derived natural compounds

Natural products have played an important role as one of the major sources of new drugs for the past decade due to their incomparable structural diversity (Baker *et al.*, 2007). With state-of-the-art methodologies for separation and isolation procedures, the search of new leads from plants that can be used to develop drugs for human therapy in persistent infections has increased considerably and has led to the discovery of compounds with inhibitory activities on biofilm formation in bacteria. Extracts from *Krameria*, *Aesculus hippocastanum*, and *Chelidonium majus* yielded four compounds, namely chelerythrine, sanguinarine (Fig. 3), dihydroxybenzofuran, and proanthocyanidin, which have shown inhibition of biofilm formation in *S. aureus* (Artini *et al.*, 2012). American cranberry (*Vaccinium macrocarpon*) extracts, which contain active constituent proanthocyanins (PAC) was reported to inhibit the growth and biofilm production of Gram-positive bacteria, including *Staphylococcus* sp but not the Gram-negative bacteria (*E. coli*; LaPlante *et al.*, 2012). Polyphenolic compounds tannic acid also inhibits *S. aureus* biofilm formation in multiple biofilm models without inhibiting bacterial growth (Payne *et al.*, 2012). Tea-tree oil, an essential oil extracted from the leaves of *Melaleuca alternifolia* or tea-tree eradicates biofilm in *S. aureus*, including MRSA via damage to the ECM and subsequent removal of the biofilm from the surface (Kwiecinski *et al.*, 2009). Other studies suggest that tea-tree oil could disrupt the adherence factors which are responsible

for the attachment of bacteria to the solid substratum, leading to the failure in establishing biofilm (Park *et al.*, 2007a). Recent studies have shown that cinnamaldehyde (Fig. 3), a primary active compound found in cinnamon essential oil obtained from bark and leaves of cinnamon trees of genus *Cinnamomum*, can also prevent the biofilm formation in *S. aureus* under a dose-dependent manner (Jia *et al.*, 2011). Ellagic acid derivatives from *Rubus ulmifolius* can limit *S. aureus* biofilm formation and enhance susceptibility to daptomycin, clindamycin, and oxacillin without toxic effects on normal mammalian cells (Quave *et al.*, 2012). Although these agents were effective and showed enormous potential in the treatment of biofilm-associated infections, their mechanisms of action remain unclear. The molecular pathways and animal model studies of these potential agents could provide a clearer view on the pathways affected. Another approach is to look into the synergistic effect of combinations of these agents and antibiotics to eradicate biofilm-associated infections.

Conclusion

Biofilm formation enables *S. aureus* to endure situations of environmental stress such as immune defenses and conventional antimicrobial therapies. This ability has challenged the treatment of infections caused by this microorganism. Although researches on the formation and dispersal of staphylococcal biofilm are still in its early stages, progress in the development of innovative approaches to eradicate biofilms has been made over the past decade. New approaches such as small molecules, enzyme treatments that weaken the structure of the biofilm, antibodies, and vaccines that targets each important phases of biofilm formation have been developed. However, these promising approaches remain to be validated clinically. As our understanding of the molecular mechanism of biofilm formation and regulation continues to improve, we anticipate that these new approaches will be eventually developed for use in the treatment of problematic biofilm-related infections in the clinical settings.

Acknowledgments

The authors have approved the final manuscript and declare that they have no competing interests.

References

- Abraham NM, Lamlertthong S, Fowler VG & Jefferson KK (2012) Chelating agents exert distinct effects on biofilm formation in *Staphylococcus aureus* depending on strain background: role for clumping factor B. *J Med Microbiol* 61: 1062–1070.
- Akiyama T, Miyamoto H, Yonekura Y, Tsukamoto M, Ando Y, Noda I, Sonohata M & Mawatari M (2013) Silver oxide-containing hydroxyapatite coating has *in vivo* antibacterial activity in the rat tibia. *J Orthop Res* 31: 1195–1200.
- Anguita-Alonso P, Giacometti A, Cirioni O *et al.* (2007) RNAIII-inhibiting-peptide-loaded polymethylmethacrylate prevents *in vivo* *Staphylococcus aureus* biofilm formation. *Antimicrob Agents Chemother* 51: 2594–2596.

- Antonelli M, de Pascale G, Ranieri VM *et al.* (2012) Comparison of triple-lumen central venous catheters impregnated with silver nanoparticles (AgTive[®]) vs conventional catheters in intensive care unit patients. *J Hosp Infect* 82: 101–107.
- Artini M, Papa R, Barbato G, Scoarugli GL, Cellini A, Morazzoni P, Bombardelli E & Selan L (2012) Bacterial biofilm formation inhibitory activity revealed for plant-derived natural compounds. *Bioorg Med Chem* 20: 920–926.
- Asad S & Opal S (2008) Bench-to-bedside review: quorum sensing and the role of cell-to-cell communication during invasive bacterial infection. *Crit Care* 12: 236–246.
- Baker DD, Chu M, Oza U & Rajgarhia V (2007) The value of natural products to future pharmaceutical discovery. *Nat Prod Rep* 24: 1225–1244.
- Beenken KE, Dunman PM, McAleese F, Macapagal D, Murphy E, Projan SJ, Blevins JS & Smeltzer MS (2004) Global gene expression in *Staphylococcus aureus* biofilms. *J Bacteriol* 186: 4665–4684.
- Boles BR & Horswill AR (2008) *agr*-mediated dispersal of *Staphylococcus aureus* biofilms. *PLoS Pathog* 4: e1000052.
- Boles BR & Horswill AR (2011) Staphylococcal biofilms disassembly. *Trends Microbiol* 19: 449–455.
- Brackman G, Cos P, Maes L, Nelis HJ & Coenye T (2011) Quorum-sensing inhibitors increase the susceptibility of bacterial biofilms to antibiotics *in vitro* and *in vivo*. *Antimicrob Agents Chemother* 55: 2655–2661.
- Brady RA, Leod JG, Camper AK, Costerton JW & Shirtliff ME (2006) Identification of *Staphylococcus aureus* proteins recognized by the antibody-mediated immune response to biofilm infection. *Infect Immun* 74: 3415–3426.
- Brady RA, O'May GA, Leid JG, Prior ML, Costerton JW & Shirtliff ME (2011) Resolution of *Staphylococcus aureus* biofilm infection using vaccination and antibiotic treatment. *Infect Immun* 79: 1797–1803.
- Chaignon P, Sadovskaya I, Ragunah C, Ramasubbu N, Kaplan JB & Jabbouri S (2007) Susceptibility of staphylococcal biofilms to enzymatic treatments depends on their chemical composition. *Appl Microbiol Biotechnol* 75: 125–132.
- Chen M, Yu Q & Sun H (2013) Novel strategies for the prevention and treatment of biofilm-related infections. *Int J Mol Sci* 14: 18488–18501.
- Chernousova S & Epple M (2013) Silver as antibacterial agent: ion, nanoparticle, and metal. *Angew Chem Int Ed Engl* 52: 1636–1653.
- Cirioni O, Giacometti A, Ghiselli R *et al.* (2006) RNAIII-inhibiting peptide significantly reduces bacterial load and enhances the effect of antibiotics in the treatment of central venous catheter-associated *Staphylococcus aureus* infections. *J Infect Dis* 193: 180–186.
- Conrady DG, Brescia CC, Horii K, Weiss AA, Hassett DJ & Herr AB (2008) A zinc-dependent adhesion module is responsible for intercellular adhesion in staphylococcal biofilms. *P Natl Acad Sci USA* 105: 19456–19461.
- Darouiche RO, Mansouri MD, Gawande PV & Madhyastha S (2009) Antimicrobial and antibiofilm efficacy of triclosan and DispersinB[®] combination. *J Antimicrob Chemother* 64: 88–93.
- Davies DG & Marques CN (2009) A fatty acid messenger is responsible for inducing dispersion in microbial biofilms. *J Bacteriol* 191: 1393–1403.
- de Beer D, Srinivasan R & Stewart PS (1994) Direct measurement of chlorine penetration into biofilms during disinfection. *Appl Environ Microbiol* 60: 4339–4344.
- del Pozo JL & Patel R (2007) The challenge of treating biofilm-associated bacterial infections. *Clin Pharmacol Ther* 82: 204–209.
- Donelli G, Franlini I, Romoli D, Guaglianone E, Piozzi A, Ragunath C & Kaplan JB (2007) Synergistic activity of dispersin B and cefamandole nafate in inhibition of staphylococcal biofilm growth on polyurethanes. *Antimicrob Agents Chemother* 51: 2733–2740.
- Donlan RM (2002) Biofilms: microbial life on surfaces. *Emerg Infect Dis* 8: 881–890.
- Donlan RM & Costerton JW (2002) Biofilms: survival mechanisms of clinically relevant microorganisms. *Clin Microbiol Rev* 15: 167–193.
- Feng QL, Wu J, Chen GQ, Cui FZ, Kim TN & Kim JO (2000) A mechanistic study of the antibacterial effect of silver ions on *Escherichia coli* and *Staphylococcus aureus*. *J Biomed Mater Res* 52: 662–668.
- Francois P, Schrenzel J, Stoerman-Chopard C, Favre H, Hermann M, Foster TJ, Lew DP & Vaudaux P (2000) Identification of plasma proteins adsorbed on hemodialysis tubing that promote *Staphylococcus aureus* adhesion. *J Lab Clin Med* 135: 32–42.
- Garrett TG, Bhakoo M & Zhang Z (2008) Bacterial adhesion and biofilms on surfaces. *Prog Nat Sci* 18: 1049–1056.
- Harro JM, Peters BM, O'May GA, Archer N, Kerns P, Prabhakara R & Shirtliff ME (2010) Vaccine development in *Staphylococcus aureus*: taking the biofilm phenotype into consideration. *FEMS Immunol Med Microbiol* 59: 306–332.
- Hoiby N, Bjarnsholt T, Givskov M, Molin S & Ciofu O (2010) Antibiotic resistance of bacterial biofilms. *Int J Antimicrob Agents* 35: 322–332.
- Hoiby N, Ciofu O, Johansen HK, Song ZJ, Moser C, Jensen PO, Molin S, Givskov M, Tolker-Nielsen T & Bjarnsholt T (2011) The clinical impact of bacterial biofilms. *Int J Oral Sci* 3: 55–65.
- Hughes KA, Sutherland IW, Clark J & Jones MV (1998) Biofilm susceptibility to bacteriophage attack: the role of phage-borne polysaccharide depolymerase. *Microbiology* 144: 3039–3047.
- Ito A, Taniuchi A, May T, Kawata K & Okabe S (2009) Increased antibiotic resistance of *Escherichia coli* in mature biofilms. *Appl Environ Microbiol* 75: 4093–4100.
- Itoh Y, Wang X, Hinnebusch BJ, Preston JF & Romeo T (2005) Depolymerization of β -1,6-N-acetyl-D-glucosamine disrupts the integrity of diverse bacterial biofilms. *J Bacteriol* 187: 382–387.
- Jennings JA, Courtney HS & Haggard WO (2012) Cis-2-decenoic acid inhibits *S. aureus* growth and biofilm *in vitro*: a pilot study. *Clin Orthop Relat Res* 470: 2663–2670.
- Jerry A (2012) Biofilms: disassembly instructions included. *Nat Rev Microbiol* 10: 376.
- Jia P, Xue Y, Duan X & Shao S (2011) Effect of cinnamaldehyde on biofilm formation and *sarA* expression by methicillin-resistant *Staphylococcus aureus*. *Lett Appl Microbiol* 53: 409–416.
- Kalia V & Purohit H (2011) Quenching the quorum sensing system: potential antibacterial drug targets. *Crit Rev Microbiol* 37: 121–140.
- Kaplan JB, Ragunath C, Velliyagounder K, Fine DH & Ramasubbu N (2004) Enzymatic detachment of *Staphylococcus epidermidis* biofilms. *Antimicrob Agents Chemother* 48: 2633–2636.
- Kelly D, McAuliffe O, Ross RP & Coffey A (2012) Prevention of *Staphylococcus aureus* biofilm formation and reduction in established biofilm density using a combination of phage K and modified derivatives. *Lett Appl Microbiol* 54: 286–291.
- Kiedrowski MR & Horswill AR (2011) New approaches for treating staphylococcal biofilm infections. *Ann NY Acad Sci* 1241: 104–121.
- Kiran MD, Adikesavan NV, Cirioni A, Silvestri C, Scalise G, Ghiselli R, Saba V, Orlando F, Stoham M & Balaban N (2008) Discovery of a quorum-sensing inhibitor of drug-resistant staphylococcal infections by structure-based virtual screening. *Mol Pharmacol* 73: 1578–1586.

- Klasen HJ (2000) A historical review of the use of silver in the treatment of burns. Part I Early uses. *Burns* 30: 1–9.
- Kokai-Kun JF, Chanturiya T & Mond JJ (2009) Lysostaphin established *Staphylococcus aureus* biofilms in jugular vein catheterized mice. *J Antimicrob Chemother* 64: 94–100.
- Kolodkin-Gal I, Romero D, Cao S, Clardy J, Kolter R & Losick R (2010) D-amino acids trigger biofilm disassembly. *Science* 328: 627–629.
- Kong KF, Vuong C & Otto M (2006) *Staphylococcus aureus* quorum sensing in biofilm formation and infection. *Int J Med Microbiol* 296: 133–139.
- Kwiecinski J, Eick S & Wojcik K (2009) Effects of tea tree (*Melaleuca alternifolia*) oil on *Staphylococcus aureus* in biofilms and stationary growth phase. *Int J Antimicrob Agents* 33: 343–347.
- Kwon A, Park G, Ryu S, Lim DH, Lim DY, Choi C, Park Y & Lim Y (2008) Higher biofilm formation in multidrug-resistant clinical isolates of *Staphylococcus aureus*. *Int J Antimicrob Agents* 32: 68–72.
- LaPlante KL, Sarkisian SA, Woodmansee S, Rowley DC & Seeram NP (2012) Effects of cranberry extracts on growth and biofilm production of *Escherichia coli* and *Staphylococcus* species. *Phytother Res* 26: 1371–1374.
- Lewis K (2010) Persister cells. *Annu Rev Microbiol* 64: 357–372.
- Liu S, Yang S, Xu H, Qin L & Tay J (2004) The influence of cell and substratum surface on hydrophobicities on microbial attachment. *J Biotechnol* 110: 251–256.
- Lynch AS & Abbanat D (2010) New antibiotic agents and approaches to treat biofilm-associated infections. *Expert Opin Ther Pat* 20: 1373–1387.
- Mann EE, Rice KC, Boles BR, Endres JL, Ranjit D, Chandramohan T, Tsang LH, Smeltzer MS, Horswill AR & Bayles KW (2009) Modulation of eDNA release and degradation affects *Staphylococcus aureus* biofilm maturation. *PLoS One* 4: e5822.
- Maira-Litran T, Kropec A, Abeygunawardana C, Joyce J, Mark G, Goldman DA & Pier GB (2002) Immunochemical properties of the staphylococcal poly-N-acetylglucosamine surface polysaccharide. *Infect Immun* 70: 4433–4440.
- Masurkar SA, Chaudhari PR, Shidore VB & Kamble SP (2012) Effect of biologically synthesized silver nanoparticles on *Staphylococcus aureus* biofilm quenching and prevention of biofilm formation. *IET Nanobiotechnol* 6: 110–114.
- Neut D, Kluin OS, Crielard BJ, van der Mei HC, Busscher HJ & Grijpma DW (2009) A biodegradable antibiotic delivery system based on poly-(trimethylene carbonate) for the treatment of osteomyelitis. *Acta Orthop* 80: 514–519.
- O'Neill E, Pozzi C, Houston P, Humphreys H, Robinson DA, Loughman DA, Foster TJ & O'Gara J (2008) A novel *Staphylococcus aureus* biofilm phenotype mediated by the fibronectin-binding proteins, FnBPA and FnBPB. *J Bacteriol* 190: 3835–3850.
- Opperman TJ, Kwansny SM, Williams JD, Khan AR, Peet NP, Moir DT & Bowlin TL (2009) Aryl rhodanines specifically inhibit staphylococcal and enterococcal biofilm formation. *Antimicrob Agents Chemother* 53: 4357–4367.
- Pan J & Ren D (2009) Quorum sensing inhibitors: a patent review. *Expert Opin Ther Pat* 19: 1581–1601.
- Park H, Jang C, Cho Y & Choi C (2007a) Antibacterial effect of tea-tree oil on methicillin-resistant *Staphylococcus aureus* biofilm formation of the tympanostomy tube: an *in vitro* study. *In Vivo* 21: 1027–1030.
- Park J, Jagasia R, Kaufmann GF, Mathison JC, Ruiz DI, Moss JA, Meijler MM, Ulevitch RJ & Janda KD (2007b) Infection control by antibody disruption of bacterial quorum sensing signaling. *Chem Biol* 14: 1119–1127.
- Payne DE, Martin NR, Parzych KR, Rickard AH, Underwood A & Boles BR (2012) Tannic acid inhibits *Staphylococcus aureus* surface colonization in an IsaA-dependent manner. *Infect Immunol* 81: 496–504.
- Peschel A & Otto M (2013) Phenol-soluble modulins and staphylococcal infections. *Nat Rev Microbiol* 11: 667–673.
- Proctor RA (2012) Challenges for a universal *Staphylococcus aureus* vaccine. *Clin Infect Dis* 54: 1179–1186.
- Quave CL, Estevez-Carmona M, Compadre CM, Hobby G, Hendrikson H, Beenken KE & Smeltzer MS (2012) Ellagic acid derivatives from *Rubus ulmifolius* inhibit *Staphylococcus aureus* biofilm formation and improve response to antibiotics. *PLoS One* 7: e28737.
- Rahman M, Kim S, Kim SM, Seol SY & Kim J (2011) Characterization of induced *Staphylococcus aureus* bacteriophage SAP-26 and its anti-biofilm activity with rifampicin. *Biofouling* 27: 1087–1093.
- Rai M, Yadav A & Gade A (2009) Silver nanoparticles as a new generation of antimicrobials. *Biotechnol Adv* 27: 76–83.
- Ramos ER, Reitzel R, Juang Y *et al.* (2011) Clinical effectiveness and risk of emerging resistance associated with prolonged use of antibiotic-impregnated catheters: more than 0.5 million catheter days and 7 years of clinical experience. *Crit Care Med* 39: 245–251.
- Resch A, Leicht S, Saric M, Pasztor L, Jakob A, Gotz F & Nordheim A (2006) Comparative proteome analysis of *Staphylococcus aureus* biofilm and planktonic cells and correlation with transcriptome profiling. *Proteomics* 6: 1867–1877.
- Savage VJ, Chopra I & O'Neill AJ (2013) *Staphylococcus aureus* biofilms promote horizontal transfer of antibiotic resistance. *Antimicrob Agents Chemother* 57: 1968–1970.
- Schaffer AC & Lee JC (2009) Staphylococcal vaccines and immunotherapies. *Infect Dis Clin North Am* 23: 153–171.
- Secinti KD, Ozalp H, Attar A & Sargon MF (2011) Nanoparticle silver ion coatings inhibit biofilm formation on titanium implants. *J Clin Neurosci* 18: 391–395.
- Serrera A, del Pozo JL, Martinez A, Alonso M, Gonzalez R, Leiva J, Vergara M & Lasa I (2007) Dispersin B therapy of *Staphylococcus aureus* experimental port-related bloodstream infection. European Society of Clinical Microbiology and Infectious Disease (ESCMID), Munich, Germany.
- Shahverdi AR, Fakhimi A, Sharverdi HR & Minaian S (2007) Synthesis and effect of silver nanoparticles on the antibacterial activity of different antibiotics against *Staphylococcus aureus* and *Escherichia coli*. *Nanomed Nanotechnol Biol Med* 3: 168–171.
- Singh R, Ray P, Das A & Sharma M (2010) Penetration of antibiotics through *Staphylococcus aureus* and *Staphylococcus epidermidis* biofilms. *J Antimicrob Chemother* 65: 1955–1958.
- Son JS, Lee SJ, Jun SY, Yoon SJ, Kang SH, Paik HR, Kang JO & Choi YJ (2010) Antibacterial and biofilm removal activity of a podoviridae *Staphylococcus aureus* bacteriophage SAP-2 and a derived recombinant cell-wall-degrading enzyme. *Appl Microbiol Biotechnol* 86: 1439–1449.
- Stevens KN, Crespo-Biel O, van den Bosch EE, Dias AA, Knetsch ML, Aldenhoff YB, van der Veen FH, Maessen JG, Stobberingh EE & Koole LH (2009) The relationship between the antimicrobial effect of catheter coatings containing silver particles and the coagulation of contacting blood. *Biomaterials* 30: 3682–3690.
- Stoodley P, Nistico L, Johnson S, Lasko LA, Baratz M, Gahlot V, Ehrlich GD & Kathju S (2008) Direct demonstration of viable *Staphylococcus aureus* biofilms in an infected total joint arthroplasty: a case report. *J Bone Joint Surg Am* 90: 1751–1758.

- Sutherland IW, Hughes KA, Skillman LC & Tait K (2004) The interaction of phage and biofilms. *FEMS Microbiol Lett* 232: 1–6.
- Wright J, Lyon G, George E, Muir T & Novick R (2004) Hydrophobic interactions drive ligand-receptor recognition for activation and inhibition of staphylococcal quorum sensing. *P Natl Acad Sci USA* 101: 16168–16173.
- Wu JA, Kusuma C, Mond JJ & Kokai-Kun JF (2003) Lysostaphin disrupts *Staphylococcus aureus* and *Staphylococcus epidermidis* biofilms on artificial surfaces. *Antimicrob Agents Chemother* 47: 3407–3414.
- Xu KD, McFeters GA & Stewart PS (2000) Biofilm resistance to antimicrobial agents. *Microbiology* 146: 547–549.
- Yamanaka M, Hara K & Kudo J (2005) Bactericidal actions of a silver ion solution on *Escherichia coli*, studied by energy-filtering transmission electron microscopy and proteomic analysis. *Appl Environ Microbiol* 71: 7589–7593.
- Yang L, Liu Y, Wu H, Song Z, Hoiby N, Molin S & Givskov M (2011) Combating biofilms. *FEMS Immunol Med Microbiol* 65: 146–157.